



# ★ THE ★ RANCH



CENTRAL OREGON VETERANS RANCH



The Ranch is more than just a place to volunteer, it's a place where veterans discover purpose, build lifelong connections with other veterans and find healing.

**Meaningful work:** many veterans say their time at the Ranch has reduced stress, restored peace and strengthened their sense of community.

The following quotes are from real veteran volunteers who actively participate at the Ranch:

**Find Purpose:**

“It gives me a good sense of accomplishment.”

**Mental Wellness:**

“It makes me feel more at peace.”  
“Serenity.”

**Build Connections:**

“I look forward to it every week...talking to people with similar experiences.”

## Your Support Makes This Possible!

**Ways you can help:**

- ★ Donate
- ★ Volunteer
- ★ Sponsor a Project
- ★ Share Our Mission

<https://www.covranch.org/>

Visit [vfwauxor.org](https://vfwauxor.org)  
to learn how you  
can help.